



NAMI Family-to-Family
National Alliance on Mental Illness



A Free Education Program

Every Tuesday

Oct. 1st – Nov. 19th
6:00 – 8:00 pm

Education and Support for Families

In Person or on Zoom

At 6125 S Broadway Ave. Lorain, Oh. 44053

- Open to adult (18+) family members and friends of people who have a mental health condition
- Gain practical and up-to-date information about mental health conditions
- Discover problem solving techniques, coping strategies and communication skills
- Learn how to advocate for your family member through the mental health system
- Meets weekly for 8 sessions
- Taught by trained NAMI program leaders

TO REGISTER PLEASE CALL (440)240-8477

OR EMAIL office@nami-lc.org