



Education and Support for Parents and Caregivers

A Free Peer Education Program

Every Thursday

Sept. 18th – Oct. 24th

6:00- 8:00 pm

Virtual Class via ZOOM

- Open to parents and caregivers of children and adolescents who are experiencing mental health challenges
- Find a community of support
- Gain practical and up-to-date information about mental health challenges
- Learn how to effectively advocate for your child with the school and mental health systems
- Develop problem solving and communication skills
- Meets weekly for 6 sessions
- Taught by trained NAMI program leaders



SEATING IS LIMITED. PLEASE CALL TO REGISTER
at 440.240.8477 or EMAIL sarah@nami-lc.org